Grass fed beef & The Controlled Fodder flow Grazing management strategy, a model for the production of super healthy red meat for the Aricl and Semi-Arid regions of Southern Africa

Riaan Dames Dr Ruth Segomotsi Mompati District North West Province Namibian Rangeland Forum Windhoek 2009



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Index

- The Controlled fodder flow grazing management strategy
- Development of the strategy
- Implementation of the Strategy
- Results from the Strategy
- The link between food and health
- What is Grass fed beef?
- Why grass fed beef?
- Requirements for the production of Grass fed beef
- Conclusion



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THE CON-TROLLED FODDER FLOW GRAZING MANAGEMENT STRATEGY

The Development of the Controlled fodder flow grazing management strategy(1)

Developed by Dames 1996. Interim results Adela de long term grazing experiment, la se thorweld of Eastern Cape.

- Effects of:
 - (1)animal number
 - (2)type
 - (3) distribution and
 - (4)rotational yearlong resting vs continuous grazing on rangeland condition and animal production per animal & per ha.



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The Development of the Controlled fodder flow grazing management strategy(2)

Results Adelaide experiment:

Continuous grazing 30% better animal performance than rotational grazing (sustainability of veld condition?).

Continuous grazing combined with yearlong

esting better chances for sustainability!



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The Development of the Controlled fodder flow grazing management strategy(3)

Interim results Armoedsvlakte long term stocking rate trials initiated by J Fourie (1976):

Stocking rates higher than Departmental recommendations, higher grass and animal production per ha.





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Objectives of the Controlled fodder flow grazing management strategy(1)

Developed for:

increased carrying capacity better animal performance low management risk low infrastructure requirements.



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Main principles of the controlled fodder flow grazing management strategy

Controlled biannual yearlong resting, in other words 50% of land rested biannually from August to Jul the following year.

Other 50% of land is grazed in a flexible manner, mainly determined by herd management requirements and for maximum utilization efficiency and maximum conversion efficiency of veld to meat.



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BIANNUAL RESTING AND GRAZING AS PRACTISED WITHIN THE CONTROLLED FODDERFLOW GRAZING MANAGEMENT STRATEGY(DAMES 1996)

YEAR/S EASON	CAMP/G ROUP/1/ 2	A U G	S E P	O C T	N O V	D E C	J A N	F E B	M R C	A P R	M A Y	J U N	J U L
1	A	R	R	R	R	R	R	R	R	R	R	R	R
	B	W	W	W	W	W	W	W	W	W	W	W	W
2	A	W	W	W	W	W	W	W	W	W	W	W	W
2	B	R	R	R	R	R	R	R	R	R	R	R	R
3	A	R	R	R	R	R	R	R	R	R	R	R	R
3	B	W	W	W	W	W	W	W	W	W	W	W	W

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Implementation of the Controlled fodder flow grazing management

strategy

Divide grazing area into two groups/blocks.

Phase in by priority grazing of the area that will be rested the following year.

LAdjust animal numbers to increased carrying capacity to avoid the production of moriound and poor quality of grass curing resting season (Aug to Jul).



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Main Advantages of the CFFGMS

Flexibility, a strategy and not a system/recipe

Accommodate animal numbers higher than Departmental norms in a controlled manner.

Optimal animal performance and improved utilization efficiency of rangeland.

ELGW infrastructure requirements



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RESULTS FROM THE CONTROLLED FODDERFLOW GRAZING MANAGEMENT STRATEGY

Results from the Controlled fodder flow grazing management strategy

Successful in communal and commercial operations.



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OP DIE AARDE BONSMARA STUD REIVILO

ARC BEST PERFORMING STUD BREEDER SOUTH AFRICA 2007.

VOERMOL BEST BEEF FARMER IN SOUTH AFRICA 2008.

DANIMAL NUMBERS INCREASED BY 35% WITHIN 3 YRS AFTER IMPLEMENTATION

DPROFIT DOUBLED WITHIN THREE YEARS



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agriculture

This plaque is presented to the

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Together we can forward ever backward never

Maketlele Landcare



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PIET VAN DER LINDE – GRASSFED BEEF

CHANGED FROM SHORT DURATIO GRAZING THREE YRS AGO YR 1 - 190 - 208 KG YR 2 - 228 KG YR 3 - 242 KG(AFRIKANER)

L2008 SLUAGHTERED 150 OXEN ON TWO CONSEQUENCE DAYS, 98% A2's at 18 months of age, 200 kg careass weight.

LANIMAL NUMBERS 50% HIGHER THAN DEPARTMENTAL NORMS.



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PIET VAN DER LINDE – GRASSFED BEEF

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FOURIE VENNOOTSKAP – 350 MM

1000 HA CAMPS.

6 HERDS OF 200 COWS/ HEIFERS

IMPLEMENTED DURING 1995

AVG WEANING % ABOVE 90%

STOCKING RATE 8 HA/LSU (50% HIGHER THAN NORM).



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FOURIE VENNOOTSKAP - 350 MM



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FOURIE VENNOOTSKAP – 350 MM



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THE LINK BETWEEN FOOD AND HEALTE

The Link between food and health(1)

You are what you eat!
What happened to our diets during the last 100 years?
What happened to our general health during the same time?
What happened in the USA?
The culprit- FAT, FAT, FAT, FAT!!!!!!
Response: Fat free diets, rich in grains, carbohydrates and sugars!



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The Link between food and health(2)

- Result : Fatter, more heart attacks, increase in cancer and diabetes.
- Why? Grains became the staple diet of the world!
 - Research from USA: Fat structure of Grains wrong ratio of Omega 3: Omega 6 fatty acids.
 - Green plants ideal ratio of Omega 3: 6 fatty acids.
 - Initially all fat was equal, later saturated fat regarded as bad fat, unsaturated regarded as good fat.



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The Link between food and health(3)

Latest results: all fats are not equal. Fat is good for u!

Higher intake of Omega 3 fatty acids reduce bad cholesterol and decrease risk of heart disease, diseases of the nervous system and diabetes and reduces the chances of cancer significantly.



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WHAT IS GRASS FED BEEF?

What is grass fed beef?

• Beer prototy deed from hadura

rangelands (veld) or greenkplanted

No grains
 Growing World demand(niche

man ke ba

oasture.

GRASS FED BEEF IS EXTREMELY HEALTHY AND NUTRITIOUS AS COMPARED TO GRAIN FED BEEF

Grass fed beef is 4x higher in Vit E as compared to grain fed beef!



Figure 1: Data from: Smith, G.C. "*Dietary supplementation of vitamin E to cattle to improve shelf life and case life of beef for domestic and international markets.*" Colorado State University. Fort Collins. Colorado 80523-1171





Grass fed beef is higher in Vit C as compared to grain fed beef!









E-coli that survive our digestive tracts: 10 x lower in grass fed beef.



Fig3: Diez-Gonzalez, F., et al. (1998). "Grain-feeding and the dissemination of acidresistant Escherichia coli from Cattle." Science 281, 1666-8.)



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Grass fed beef reduces the risk

of cancer.

Highest source of CLA (conjugated lineolic acid) known, a cancer fighting agent.

Childs studies: women with high Intake of CLA, up has 5% lowe Childness to horeas to sate

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Grass fed chickens, pigs, eggs, milk: all the benefits of grass fed beef!



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REQUIRE-MENTS FOR GRASS FED BEEF PRO-DUCTION

Requirements for grass fed beef production

Right type of animalsframed(why?)

Addity to finish on natural rangelands
Ability to store fat on natural rangelands.
Sweet veld and semi-sweetveld
Zietsman, sourveld. (tropical sourveld)
Effective grazing management (constant quality)
Traceability



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Conclusion

The Controlled Fodderflow grazing management strategy incorporated into grass fed beef production forms a proven basis of an environment friendly strategy for the production of super healthy red meat in the arid and semi-arid rangelands of Southern Africa.





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